#### Voices – 4

Through out the course of an average day we are bombarded with 50,000 – 70,000 thoughts

That's 35 to 48 thoughts per minute per person

Research shows that as many as 70% - 80% of those thoughts are negative

There is a word for this kind of "self talk"

# Logorrhea meaning

- 1. Pathologically incoherent, repetitious speech.
- 2. Incessant or compulsive talkativeness; wearisome volubility

Most of us think that God never speaks to us, but the truth is God is always speaking, always directing, always protecting, warning, correcting and affirming

The Spirit of God will speak to us with promptings that may not be audible yet in perfect harmony with the scripture

## Romans 8:26-27

26 Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered . 27 Now He who searches the hearts knows what the mind of the Spirit is, because He makes intercession for the saints according to the will of God. NKJV

#### 2 Corinthians 10:5

5 casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ. NKJV

4 things we must remember to quiet the clutter

God says I am – Overpower the *Voice* of your insecurities

God says He will – Overpower the *Voice* of your fears

God says He has – Overpower the *Voice* of condemnation

God says I can – Overpower the *Voice* of discouragement

You don't have to do a single thing for God or anyone else to notice you

#### Jeremiah 1:5

5 Before I formed you in the womb I knew [and] approved of you [as My chosen instrument], and before you were born I separated and set you apart, consecrating you; [and] I appointed you as a prophet to the nations. AMP

## Matthew 3:17

17 And suddenly a voice came from heaven, saying, "This is My beloved Son, in whom I am well pleased." NKJV

What I am saying is that you can not rise above your understanding of your identity in Him and believe there is unlimited power in the word of God

Stop spending so much energy assessing other peoples assessment of you realign your life with God's acceptance of you!

When you know who you are, you will know what to do – Craig Groeschel

The *enemy* will always tempt us to question who we are and what God has says about us in His word

When we listen to *him* it interferes with out intimacy with God and separates our fellowship with Him

What happens is we become slaves of the habits developed because of the outcome of our circumstances which are less than Gods design for us

We settle for mediocrity and predictability and forfeit the good things God has for us

"Great deeds remain undone and the possibility of growth into greatness of soul is aborted" – Brennan Manning, Abba's Child: The Cry of the Heart for Intimate Belonging

We must establish a foundation of God's favor and live in the responsibility of true freedom Embracing His truth as our personal declaration and life blood

This is exactly what happened in the Garden of Eden

## Genesis 3:11

11 And He said, "Who told you that you were naked? Have you eaten from the tree of which I commanded you that you should not eat?" NKJV

The enemy wants to lure us away form the promises of God through the power of insinuation

#### Genesis 3:1

1 Now the serpent was more crafty than any of the wild animals the LORD God had made. He said to the woman, "Did God really say, 'You must not eat from any tree in the garden'?" NIV

Once you start chatting with the tempter you'll find it difficult to leave the conversation

His intention is to get you to think God said something He didn't say

The Devil will get you to think through the mindset of *limitation* 

God wants us to live through the mindset of *liberation* 

## Genesis 2:16-17

16 And the LORD God commanded the man, "You are free to eat from any tree in the garden; 17 but you must not eat from the tree of the knowledge of good and evil, for when you eat of it you will surely die." NIV

- Gods emphasis You are free to eat Liberation
- The Devils emphasis Did God really say you must not eat? – Limitation and restriction
- God said there was only one tree they could not eat of because its not good for you

This is how the chatter starts:

God doesn't want you to enjoy much, does he? He doesn't want you to fully explore your identity. You need to free yourself. Christianity is so restrictive.

Explore – Find yourself – Be yourself

So many times we allow the lies to overpower the truth and slowly they become the truth in our lives

Most of us don't struggle because of non belief but because we believe the wrong things

What subtle lies has the enemy been weaving into your understanding of God's intentions for you?

His lies will rob you of peace, joy and our ability to connect with others who need us to be there for them

Ultimately it will cost your ability to hear from God

#### Genesis 3:8-11

8 Then the man and his wife heard the sound of the LORD God as he was walking in the garden in the cool of the day, and they hid from the LORD God among the trees of the garden. 9 But the LORD God called to the man, "Where are you?" 10 He answered, "I heard you in the garden, and I was afraid because I was naked; so I hid."

11 And he said, "Who told you that you were naked? Have you eaten from the tree that I commanded you not to eat from?" NIV

# God is asking...

Who told you that you were unworthy of My love until some future point in time that you can clean yourself up?

Who told you that you couldn't be forgiven of the sin even while you still struggle with it but desire to overcome it?

Who told you the way you look is abnormal because of a feature that society may deem unattractive?

Who told you the gifts and skills I've given you aren't much good and won't make much of an impact?

Who told that when you speak, people are just waiting for you to shut up, and you never have anything good to say?

Who told you that you are coming up short and will always come up short as a parent, as a spouse, as a son, as a daughter, even though you're growing and trying?

Who told you that you were stuck and doomed to die like you are because of the thoughts and actions that have dominated your life?

## 1 Peter 2:9

9 But you are a chosen generation, a royal priesthood, a holy nation, His own special people, that you may proclaim the praises of Him who called you out of darkness into His marvelous light; NKJV

You can not allow yourself to answer the enemy on his level – We have got to answer him with the Truth of God's Word!

#### Delete or Download?

I'm thankful for the filters for my emails...

- o Some just end up in the "Junk" folder which is great
- o Others I can tell by looking at where they came from
- Still others are not recognized as junk until I read a few words
- And others are communication that is essential for my success in what I'm trying to accomplish

The attacks of the enemy can be compared to a telemarketer – sometimes the best strategy is to just not pick up the phone

- What are they after?
- Your attention
- Your identity you need this because it will make you a better...

The enemy wants to distract us from who we are, by twisting the truth of Gods word and attacking our identity

When we question our identity he will convince us we need something to be something we were never created to be in the first place

#### Psalm 139:14

14 I will praise You, for I am fearfully and wonderfully made; NKJV

# The temptation of Jesus – Tempted with His identity

## Matthew 4

If you are the son of God command these stone to become bread

"If You are the Son of God, throw Yourself down. For it is written:

'He shall give His angels charge over you,' and,
'In their hands they shall bear you up, lest you dash your foot against a stone.'"

And he said to Him, "All these things I will give You if You will fall down and worship me."

#### It is written! It is written! It is written!

#### 1 John 2:16

16 For all that is in the world — the lust of the flesh, the lust of the eyes, and the pride of life — is not of the Father but is of the world. NKJV

- If you had this you'd be complete
- o If you looked like so and so everything would be great
- If you were who you say you are things would be different

# But Father prepared Him at His baptism

#### Matthew 3:17

17 And suddenly a voice came from heaven, saying, "This is My beloved Son, in whom I am well pleased." NKJV

It's not only having knowledge of what the word says about us but knowing how important we are to the One who said it!

Most of the decisions that send our lives in the wrong direction are usually the result of us wrongly answering the question "Did God say...?"

You may know that it's true but somehow you question if it's true for you

- Other people are supposed to have joy but...
- Other people are equipped for good works but...
- Other people are blessed to be a blessing but...

I believe God wants to baptize you in His affirmation today

### Romans 8:15-16

15 For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, "Abba, Father." 16 The Spirit Himself bears witness with our spirit that we are children of God. NKJV

# Galatians 4:7

7 Therefore you are no longer a slave but a son, and if a son, then an heir of God through Christ. NKJV