

“The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.” (John 10:10, NKJV)

One of the major ways that Satan steals the abundant life is through Double-Mindedness

“If any of you lacks wisdom, let him ask of God, who gives to all liberally and without reproach, and it will be given to him. But let him ask in faith, with no doubting, for he who doubts is like a wave of the sea driven and tossed by the wind. For let not that man suppose that he will receive anything from the Lord; he is a double-minded man, unstable in all his ways.”

(James 1:5–8, NKJV)

“Draw near to God and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts, you double-minded.”

(James 4:8, NKJV)

- The same word – Only used in these two scriptures
- Double-minded – Greek word, *“One who has two souls; one who is wavering or inconstant.”*
- Someone who is always wavering, irresolute, doubting, changing – Lacking emotional control

Double-Mindedness is made up of two primary strongholds – Rejection and Rebellion

- Rejection is the doorway to Double-Mindedness
- When you are given to a spirit of rejection you have a hard time becoming the person God created you to be

You find yourself constantly trying to compensate for your lack of development and confidence

- This leads to Rebellion

With Rebellion comes Bitterness against people and life circumstances that have caused all kinds of trauma

- It causes a person to live out of a false, double personality
- Sometimes we refer to it as passive/aggressive
- It is simply, rejection/rebellion

Getting to The Root of Bitterness

“looking carefully lest anyone fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled;” (Hebrews 12:15, NKJV)

- Bitterness – *“to make bitter or unpleasant, to rebel, or resist, to be disobedient, provoke, or rebel against”*
- Remember bitterness is connected to rejection which often leads to rebellion
- Rejection hurts so badly, that many people become unforgiving, resentful, and bitter

When we live out of rejection and the spirit of bitterness we are opening ourselves up to witchcraft

“For rebellion is as the sin of witchcraft, And stubbornness is as iniquity and idolatry. Because you have rejected the word of the LORD, He also has rejected you from being king.”

(1 Samuel 15:23, NKJV)

- Bitterness is Connected to Sorcery and Witchcraft, Idolatry
- Saul, Ahab, Jezebel, and Simon were operating under the spirit of rebellion and bitterness

Simon the Sorcerer – Seeking the Power of the Holy Spirit

“For I see that you are poisoned by bitterness and bound by iniquity.” **(Acts 8:23, NKJV)**

“But if you have bitter envy and self-seeking in your hearts, do not boast and lie against the truth. This wisdom does not descend from above, but is earthly, sensual, demonic. For where envy and self-seeking exist, confusion and every evil thing are there.” **(James 3:10-11, 14–16, NKJV)**

- Gripping, complaining, self-seeking, and self-preservation
- Irritability, anger, hatred (even internalized)
- Often becoming upset over little things
- Blaming the circumstances rather than seeing how you are handling the circumstance
- These are all signs that the demonic spirit of bitterness has been given access to our souls

You can be delivered from Double-mindedness

“And the LORD your God will drive out those nations before you little by little; you will be unable to destroy them at once, lest the beasts of the field become too numerous for you. But the LORD your God will deliver them over to you, and will inflict defeat upon them until they are destroyed.”

(Deuteronomy 7:22–23, NKJV)

To defeat Double-Mindedness we must separate rejection and rebellion

- Attack the rejection stronghold
- Attack the root of bitterness – the core of the rebellion stronghold
- Then attack the rebellion stronghold
- Remember deliverance is a process and takes time
- You will be exercising deliverance from demonic strongholds for the rest of your life

“I will not drive them out from before you in one year, lest the land become desolate and the beasts of the field become too numerous for you. Little by little I will drive them out from before you, until you have increased, and you inherit the land.”

(Exodus 23:29–30, NKJV)

Can a person deliver himself from demons?

- That answer is yes!
- Even with assistance from a seasoned minister you cannot stay free without walking in self-deliverance

Remember as a believer you have the same authority as someone who serves in deliverance ministry

- That authority is in the Name of Jesus

“And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues;”

(Mark 16:17, NKJV)

- We may need some assistance from a seasoned minister for initial deliverance
- One of the greatest truths is the revelation of self-deliverance
- We can loose ourselves from any control of darkness
– *Isaiah 52:2*
- We must exercise power and authority in our own lives

“Or how can you say to your brother, ‘Brother, let me remove the speck that is in your eye,’ when you yourself do not see the plank that is in your own eye? Hypocrite! First remove the plank from your own eye, and then you will see clearly to remove the speck that is in your brother’s eye.” (Luke 6:42, NKJV)

Remove – (KJV) *cast out* – the same word that is used for casting out demons in **Mark 16:17**

- We must take responsibility for our lives
- Don't depend on anyone else for your spiritual well being
- Get help – Get free – Stay free
- Confess the Word over your life!
- Pray strong prayers of authority that rout out the enemy
- Don't allow self-pity to hold you back
- Stir yourself up in prayer
- Deliverance is as close as your mouth

Deliverance is the children's bread – it's for everyone!

“From there He arose and went to the region of Tyre and Sidon. And He entered a house and wanted no one to know it, but He could not be hidden. For a woman whose young daughter had an unclean spirit heard about Him, and she came and fell at His feet. The woman was a Greek, a Syro-Phoenician by birth, and she kept asking Him to cast the demon out of her daughter. But Jesus said to her, “Let the children be filled first, for it is not good to take the children’s bread and throw it to the little dogs.” And she answered and said to Him, “Yes, Lord, yet even the little dogs under the table eat from the children’s crumbs.” Then He said to her, “For this saying go your way; the demon has gone out of your daughter.” And when she had come to her house, she found the demon gone out, and her daughter lying on the bed.” (Mark 7:24–30, NKJV)

Jesus came to heal all who were oppressed by the devil

– Acts 10:38

- Multitudes came to hear Him and were healed and delivered
- Deliverance brings freedom and joy
- Deliverance brings supernatural breakthrough
- Healings will multiply
- Long-term bondages will be destroyed
- Hidden roots will be exposed and eliminated
- Obstacles will be removed
- Frustration and despair will be eliminated through prayer
- Discouragement and frustration will be overcome!

Sometimes the change is instantaneous and other times it is progressive

- Either way, it will be dramatic
- You will have an increase in joy, liberty, peace, and success
- Drive out the enemy little by little
- Don't become weary or discouraged

“And let us not grow weary while doing good, for in due season we shall reap if we do not lose heart.” (Galatians 6:9, NKJV)

- The more freedom you and I receive, the more we will grow and possess our promised land

Once we start to walk in deliverance we must allow the Holy Spirit to produce fruit in our lives

*“Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God. But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no law. **And those who are Christ’s have crucified the flesh with its passions and desires.** If we live in the Spirit, let us also walk in the Spirit. Let us not become conceited, provoking one another, envying one another.” (Galatians 5:19–26, NKJV)*

- There is no deliverance apart from the Holy Spirit and the Word of God
- Whether with the help of a minister or exercising self-deliverance
- Abide in me – **John 15:1-5**
- We must fill our house with the Spirit and the character of God

*“But also for this very reason, giving all diligence, add to your faith **virtue**, to virtue knowledge, to knowledge self-control, to self-control perseverance, to perseverance godliness, to godliness brotherly kindness, and to brotherly kindness love.*

For if these things are yours and abound, you will be neither barren nor unfruitful in the knowledge of our Lord Jesus Christ.” (2 Peter 1:5–8, NKJV)

- God’s desire is for us to not be barren but fruitful

Shake yourself free of demonic oppression

“Shake yourself from the dust, arise; Sit down, O Jerusalem! Loose yourself from the bonds of your neck, O captive daughter of Zion!” (Isaiah 52:2, NKJV)

Loose – (Synonyms) disjoin, divorce, separate, sever, unhitch, disconnect, detach, unchain, release, liberate, break in pieces, demolish, force apart

- *Zion* is a prophetic word and symbol for the *Church*
- Isaiah is declaring that the church will be a captive daughter
- But we have been given a prophetic promise and command to loose ourselves

“Assuredly, I say to you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.” (Matthew 18:18, NKJV)

- We can loose whatever is binding, harassing, or operating in our life that which is contrary to the will of God
- We have been given the authority to do so

We have the legal authority to bind and loose

“Assuredly, I say to you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.” (Matthew 18:18, NKJV)

Bind – *to make secure by tying; to confine, restrain, or restrict, to constrain with legal authority, to exert a restraining or compelling effect, arrest, apprehend, handcuff, put a stop to*

- We have the legal authority to bind the works of darkness

Sin, iniquity, perversion, sickness, disease, infirmity, death, destruction, curses, witchcraft, sorcery, poverty, lack, strife, lust, rebellion, fear, on and on

Loose – *to untie, to free from restraint, to detach, to disjoin, divorce, separate, unhitch, get free, escape, break away, liberate, disconnect, and forgive*

We need to be freed from, curses, evil inheritance, familiar spirits, sin, guilt, shame, condemnation, control, domination, manipulation, sickness, disease, deception, habits, worldliness, false teaching, false beliefs, ungodly soul ties, and pledges

“Deliver yourself like a gazelle from the hand of the hunter, And like a bird from the hand of the fowler.” (Proverbs 6:5, NKJV)

“Deliver thyself, O Zion, that dwellest with the daughter of Babylon.” (Zechariah 2:7, KJV 1900)

To experience freedom and breakthrough we must first renounce and put an end to...

Curses, Sin, Pride, Passivity, Ungodly soul ties, Occultism, Fear, Embarrassment, Unbelief, Lack of desire, Unforgiveness, Lack of knowledge

- Any of these things actively operating in our life will keep us in a cycle of bondage
- All of these give the enemy legal access to our life
- We must renounce all of these to receive and maintain deliverance

We must loose ourselves from the past

“Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new.”

(2 Corinthians 5:17, NKJV)

- Traumatic experiences can open the door to demonic attack
- Rape, incest, ungodly soul ties (*through fornication, or witchcraft*)

“And when Shechem the son of Hamor the Hivite, prince of the country, saw her, he took her and lay with her, and violated her. His soul was strongly attracted to Dinah the daughter of Jacob, and he loved the young woman and spoke kindly to the young woman.” (Genesis 34:2–3, NKJV)

“O foolish Galatians! Who has bewitched you that you should not obey the truth, before whose eyes Jesus Christ was clearly portrayed among you as crucified?” (Galatians 3:1, NKJV)

An ungodly soul tie will result from the presence of an evil influence in your life

- Good soul ties help you live for God – Jonathan and David
- Ungodly soul ties draw you away and hinder your walk with the Lord
- They open up the door to control, domination, manipulation, and witchcraft
- Ahab and Jezebel, Solomon and his wives, Levi and Simeon

We must forget the past and move forward

“Brethren, I do not count myself to have apprehended; but one thing I do, forgetting those things which are behind and reaching forward to those things which are ahead,”

(Philippians 3:13, NKJV)

Loose yourself from...

Unforgiveness and bitterness, emotional pain and bondage, occult practices, mental attacks, a demonically controlled will, sexual perversion, evil inheritance and a spirit of fear, rejection, a guilty conscience, shame, guilt, condemnation, self-condemnation, and legalism

- **The result!**

“for the kingdom of God is not eating and drinking, but righteousness and peace and joy in the Holy Spirit.”

(Romans 14:17, NKJV)

How to maintain your freedom and deliverance

“Whoever has no rule over his own spirit Is like a city broken down, without walls.” (Proverbs 25:28, NKJV)

Thinking

“Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy— meditate on these things.” (Philippians 4:8, NKJV)

Appetites

“And put a knife to your throat If you are a man given to appetite.” (Proverbs 23:2, NKJV)

Speaking

“Out of the same mouth proceed blessing and cursing. My brethren, these things ought not to be so.” (James 3:10, NKJV)

Sexual Character

“Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own?” (1 Corinthians 6:19, NKJV)

Emotions

“A merry heart makes a cheerful countenance, But by sorrow of the heart the spirit is broken.” (Proverbs 15:13, NKJV)

Temper

“Do not hasten in your spirit to be angry, For anger rests in the bosom of fools.” (Ecclesiastes 7:9, NKJV)

Read the Bible daily

Join or create a small group

Pray with understanding and in tongues

Pray with boldness and the power of the blood

Walk in the light!

“For you were once darkness, but now you are light in the Lord. Walk as children of light” (Ephesians 5:8, NKJV)

“Therefore He says: “Awake, you who sleep, Arise from the dead, And Christ will give you light.” See then that you walk circumspectly, not as fools but as wise, redeeming the time, because the days are evil. Therefore do not be unwise, but understand what the will of the Lord is.”

(Ephesians 5:14–17, NKJV)