#### Faith Factor – 3

Fear is a part of everyone's life
The world just accepts it as a normal part of life
Fear is not something that should be tolerated in the life of a believer

## 2 Primary Spiritual Laws

Romans 8:2

2 For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death. NKJV

These two laws are complete opposites of one another

The Law of the Spirit of Life in Christ Jesus covers
everything God has promised in His Word – the blessing,
eternal life, faith, a recreated spirit, peace, prosperity, the
gifts of the Spirit, healing, deliverance, protection, the Holy
Spirit, the fruit of the Spirit, and more.

The Law of Sin and Death includes fear, the curse, sin, condemnation, bondage, poverty, oppression and depression, addiction, sickness, physical death and ultimately separation from God in Hell.

Fear is the entry point through which Satan gains access and Faith allows God in our life – The Faith Factor

The enemy's primary goal is to get us to doubt that God's Word will come to pass in our lives

Fear attracts destruction Faith attracts blessing

Fear is something that has to be received from the outside It is a foreign spirit that will try to invade our re-born spirits Its ultimate purpose is to bring us under bondage

## Keys to breaking out of torment

## **Speak Against Torment**

- o Don't allow tormenting thoughts to get in your heart
- o Open your mouth and speak against it
- Find scriptures that deal with your situation
- Declare the word of God with boldness and intensity

## Act against Torment

- If you have a fear of lack Become a giver Put a budget together live by it and start to tithe and give offerings
- If you're afraid to pray for people get a hold of some scriptures and start to minister to others
- If you're afraid of relationships ask someone to meet you for coffee – join a bible study or small group – volunteer in ministry – call that relative
- If you're afraid of heights take an elevator to the top floor

Consistency is the key to your breakthrough – as soon as fear shows up you must counterattack it

# Guard your heart and mind

## **Proverbs AMP**

23 Keep and guard your heart with all vigilance and above all that you guard, for out of it flow the springs of life.

Living in a world where bad things happening are common place its important that we don't let the spirit of fear get in and steal peace from us

We may even think...

"How could God allow these bad things to happen?"

It's important that we build up our faith to trust in Gods divine protection in every circumstance

To do that we need to remember we have an Enemy

The reason bad things happen is because our enemy, "The Devil" is called the god of this world (age) – he is a ruling force in this current world system

#### 2 Corinthians 4:4

4 whose minds the god of this age has blinded, who do not believe, lest the light of the gospel of the glory of Christ, who is the image of God, should shine on them. NKJV

## John 10:10

10 The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly. NKJV

It's important we realize as children of God, we are in a place of absolute power over Satan – Luke 10:19

## Refuse to worry

#### Matthew 6:25

whether you have enough food and drink, or enough clothes to wear. Isn't life more than food, and your body more than clothing? NLT

- Worry does nothing to change the situation
- We can worry or trust God
- Worry is meditating on the words of the Devil more than we do the word of God
- o It's about what we chose to meditate on
- Meditation is part of the creative ability with which God has gifted all of us
- Words produce mindsets
- o Mindsets influence our emotions

When we worry we make ourselves god

In essence we are saying "God you can't do this"

Every time we chose faith over fear the situation will turn around and work out in our favor

When we face a financial crisis, physical illness, or concern about a loved one the enemy wants to scare us

Fear has no platform when we allow the Word of God to minister to us more than the words of Satan When we refuse to fear and chose to trust the Word of God something powerful happens
Standing on the word will cause those fearful situations, and even people in some cases, to be removed

## Philippians 1:28(AMP)

<sup>28</sup> And do not [for a moment] be frightened *or* intimidated in anything by your opponents *and* adversaries, for such [constancy and fearlessness] will be a clear sign (proof and seal) to them of [their impending] destruction, but [a sure token and evidence] of your deliverance *and* salvation, and that from God.

This scripture promises us that when we stand before our adversaries, whether actual people or negative circumstances, we will not be terrified

In the midst of a challenge do you allow yourself to become fearful and intimidated or praise God for the victory?

Some of the greatest examples of having a victorious attitude when facing challenges are found in the life of King David

He faced many serious situations many times those closest to him, even his own family trying to kill him His strength, courage and tenacity, and faith in God kept him going

#### David and Goliath

Because David new his covenant with God and it empowered him to defeat an enemy ten time larger and stronger than him

He didn't buckle for a moment; he never spoke a word of doubt or unbelief

He knew Gods delivering power was at work on his behalf

Right from the on slot David expected to be rewarded by God

#### 1 Samuel 17:26 NLT

<sup>26</sup> David asked the soldiers standing nearby, "What will a man get for killing this Philistine and ending his defiance of Israel? Who is this pagan Philistine anyway, that he is allowed to defy the armies of the living God?"

We must have an expectation of victory when facing a challenge – if God is for us, who can be against us?

## 1 Samuel 17:44, 45 NLT

- <sup>44</sup> "Come over here, and I'll give your flesh to the birds and wild animals!" Goliath yelled.
- <sup>45</sup> David replied to the Philistine, "You come to me with sword, spear, and javelin, but I come to you in the name of the LORD of Heaven's Armies—the God of the armies of Israel, whom you have defied.

#### 1 Samuel 17: 46 NLT

<sup>46</sup> Today the LORD will conquer you, and I will kill you and cut off your head. And then I will give the dead bodies of your men to the birds and wild animals, and the whole world will know that there is a God in Israel! <sup>47</sup> And everyone assembled here will know that the LORD rescues his people, but not with sword and spear. This is the LORD's battle, and he will give you to us!"

One of the benefits of the Kingdom of Heaven is we have divine protection and redemption from death, both spiritual and physical

#### Psalm 103:4 NKJV

4 Who redeems your life from destruction, Who crowns you with loving-kindness and tender mercies.

Redeemed from secret traps and deadly diseases Psalm 91:3

3 Surely He shall deliver you from the snare of the fowler And from the perilous pestilence (fatal plague NLT) NKJV

Redeemed from dangers at night and attacks in the daytime Psalm 91:5

5 You shall not be afraid of the terror by night, Nor of the arrow that flies by day, NKJV

# Redeemed from destruction all around Psalm 91:7

7 A thousand may fall at your side, And ten thousand at your right hand; But it shall not come near you. NKJV

# Attacks against our homes

Psalm 91:10 NKJV 10 No evil shall befall you, Nor shall any plague come near your dwelling;

How does God carry out His promise of redemption? Through His Angels!

#### Psalm 91:11-13 NKJV

11 For He shall give His angels charge over you ,To keep you in all your ways.12 In their hands they shall bear you up,Lest you dash your foot against a stone.13 You shall tread upon the lion and the cobra,The young lion and the serpent you shall trample underfoot.

## Hebrews 1:14

14 Are they not all ministering spirits sent forth to minister for those who will inherit salvation? NKJV

Get your mouth involved

Psalm 103:20

20 Bless the LORD, you His angels, Who excel in strength, who do His word, Heeding the voice of His word. NKJV