Voices - 10

That's 35 to 48 thoughts per minute per person Research shows that as many as 70% - 80% of those thoughts are negative

There is a word for this kind of "self talk"

Logorrhea meaning

- 1. Pathologically incoherent, repetitious speech.
- 2. Incessant or compulsive talkativeness; wearisome volubility

Most of us think that God never speaks to us, but the truth is God is always speaking, always directing, always protecting, warning, correcting and affirming

Romans 8:26-27

26 Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered . 27 Now He who searches the hearts knows what the mind of the Spirit is, because He makes intercession for the saints according to the will of God. NKJV

4 things we must remember to quiet the clutter God says I am – Overpower the *Voice* of your insecurities God says He will – Overpower the *Voice* of your fears God says He has – Overpower the *Voice* of condemnation God says I can – Overpower the *Voice* of discouragement By learning how the enemy speaks and the way God speaks, we move towards words of life and grow in the ways of God

John 16:7-8

7 Nevertheless I tell you the truth. It is to your advantage that I go away; for if I do not go away, the Helper will not come to you; but if I depart, I will send Him to you. 8 And when He has come, He will convict the world of sin, and of righteousness, and of judgment: NKJV

- o The Holy Spirit never condemns us
- o He is our...
- Advocate Helper Counselor Divine Reminder

John 14:26

26 But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you. NKJV

The enemy's voice says...

"God wouldn't let you go through this if He loved you"

"This wouldn't be happening if you had more faith"

"If it were possible for things to change, they'd have changed by now"

2 Corinthians 4:16

16 Therefore we do not become discouraged (utterly spiritless, exhausted, and wearied out through fear). Though our outer man is [progressively] decaying and wasting away, yet our inner self is being [progressively] renewed day after day. AMP

The greatest way to overcome discouragement is to live a life of thankfulness – praise and worship

Colossians 3:16 MSG

And cultivate thankfulness. Let the Word of Christ—the Message—have the run of the house. Give it plenty of room in your lives.

We live in a time and culture that lacks respect and thankfulness

There was a time when you called someone ma'am or sir Now – "if you don't like it #?!* you!"

2 Timothy 3:1-4

1 But know this, that in the last days perilous times will come: 2 For men will be lovers of themselves, lovers of money, boasters, proud, blasphemers, (against God) disobedient to parents, unthankful, unholy, 3 unloving, unforgiving, (truce breakers) slanderers, without self-control, brutal, (fierce, savage) despisers of good, 4 traitors, headstrong, haughty, lovers of pleasure (a friend to sensual delight) rather than lovers of God. NKJV

If we are going to have an effective life for the Kingdom we have got to become thankful!

Psalm 100:4

4 Enter into His gates with thanksgiving, And into His courts with praise. Be thankful to Him, and bless His name. NKJV We approach God in the way we see Him

- o If you think He's rigid you keep your distance
- If you see Him as formal and stiff you'll be the same way
- When you know Him as Father and friend you enjoy a close intimate relationship with Him where you know you can call on Him any time

Psalm 18:25-30

25 With the merciful You will show Yourself merciful; With a blameless (*integrity*) man You will show Yourself blameless; (*complete*)

26 With the pure You will show Yourself pure; (clean) And with the devious (crooked, distorted) You will show Yourself shrewd. (to wrestle, to twist)

27 For You will save the humble people,

But will bring down haughty looks.

28 For You will light my lamp;

The LORD my God will enlighten my darkness.

29 For by You I can run against a troop,

By my God I can leap over a wall.

30 As for God, His way is perfect;

The word of the LORD is proven;

He is a shield to all who trust in Him. NKJV

The same God we know as Father and friend is also the King of the universe

Nothing will bring us into a consciousness of God's presence more quickly or deeper than praising Him and giving Him thanks!

Gratitude is the key that brings freedom and victory We need to learn to give thanks regardless of our circumstance!

When we live a life of praise it snuffs out the voice of the enemy

Acts 16:25-26 NKJV

25 But at midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them. 26 Suddenly there was a great earthquake, so that the foundations of the prison were shaken; and immediately all the doors were opened and everyone's chains were loosed.

Having a grateful attitude in adversity isn't living in denial; it's choosing to see your situation from a higher vantage point – Habakkuk 3:17-18

A spirit of discontent can make the greatest blessing seem like a burden

Isaiah 17:10-11

10 Because you have forgotten the God of your salvation, And have not been mindful of the Rock of your stronghold, Therefore you will plant pleasant plants And set out foreign seedlings;

11 In the day you will make your plant to grow, And in the morning you will make your seed to flourish; But the harvest will be a heap of ruins In the day of grief and desperate sorrow. NKJV

Psalm 103:1-5

1 Bless the LORD, O my soul;

And all that is within me, bless His holy name!

2 Bless the LORD, O my soul,

And forget not all His benefits:

3 Who forgives all your iniquities,

Who heals all your diseases,

4 Who redeems your life from destruction,

Who crowns you with lovingkindness and tender mercies,

5 Who satisfies your mouth with good things,

So that your youth is renewed like the eagle's. NKJV

Confession:

I will not let the discouragement of what I'm going through make me forget the benefits of belonging to the God who has been so good to me. He has saved me, blessed me, forgiven me, restored me, satisfied me, healed me, crowned me and renewed me!

Rooting out the Voices of the enemy and learning how to hear the Voice of God is not a simple, one time fix

It would be great if life had an easy ending or a neat wrapup like your favorite sitcom

But life can be messy at times and it is a battle to hear what we need to hear during life's tests and trials

"All shall be done, but it may be harder than you think."

- CS Lewis - The Lion, the Witch and the Wardrobe

2 Kings 13:14, 15-19

14 Elisha had become sick with the illness of which he would die. Then Joash the king of Israel came down to him, and wept over his face, and said, "O my father, my father, the chariots of Israel and their horsemen!"

15 And Elisha said to him, "Take a bow and some arrows." So he took himself a bow and some arrows. 16 Then he said to the king of Israel, "Put your hand on the bow." So he put his hand on it, and Elisha put his hands on the king's hands. 17 And he said, "Open the east window"; and he opened it. Then Elisha said, "Shoot"; and he shot. And he said, "The arrow of the LORD's deliverance and the arrow of deliverance from Syria; for you must strike the Syrians at Aphek till you have destroyed them." 18 Then he said, "Take the arrows"; so he took them. And he said to the king of Israel, "Strike the ground"; so he struck three times, and stopped. 19 And the man of God was angry with him, and said, "You should have struck five or six times; then you would have struck Syria till you had destroyed it! But now you will strike Syria only three times." NKJV

- We see that Elisha is angry with Joash
- He asks the prophet for deliverance and the prophet puts it back in the king's hands

Bible history show us that Israel indeed has 3 victories over Syria – 2 Kings 13:25

This was enough to weaken them but not defeat them

I don't believe that Elisha was upset with Joash for being disobedient – he did what he was told

He was angry that the king would settle for anything less than complete victory

Joash certainly believed that God could deliver them or he wouldn't be there asking the prophet for help

He became weary of battle – he just didn't have it in him

The impulses of insecurity never stop poking at your confidence

The forces of fear never stop pushing against your dreams The crow of condemnation never stops sounding cock-adoodle-doo

The dread of discouragement never stops draining your energy for your assignment

You can experience the total victory of hearing God's voice above all others

Let the pounding become a rhythm Let your rhythm of life become the rhythm of victory

1 Corinthians 15:57

57 But thanks be to God, who gives us the victory through our Lord Jesus Christ. NKJV

1 John 5:4

4 And this is the victory that has overcome the world — our faith. NKJV